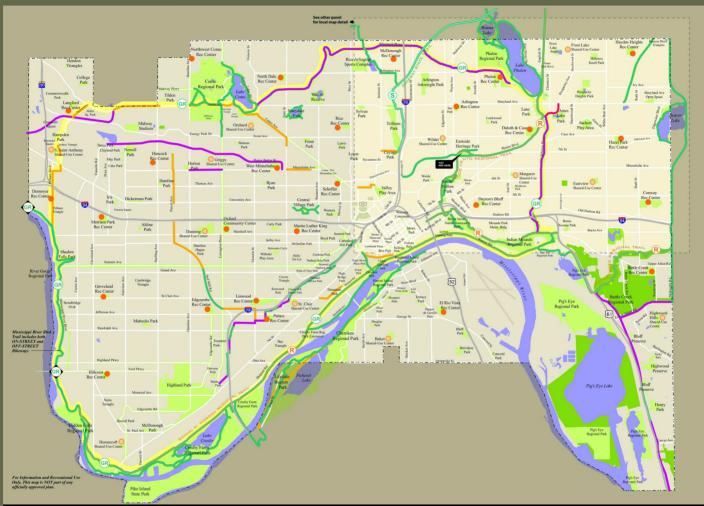
Bruce Vento Regional Trail











City of Saint Paul Parks, Bikeways and Trail SystemDepartment of Parks and Recreation



Park Regulations

Park hours: Sunrise to 11:00 p.m.

Parking for park visitors only.

After hours parking prohibited -violators subject to tag and tow.

Vehicles are restricted to paved lots. Do not leave valuables in vehicles.

Unauthorized vending on park property is prohibited. Fire allowed only in shelter fireplace.

Dog ordinance is in effect. Loud music is prohibited. Alcohol possession and consumption is prohibited. Skateboarding is prohibited.

Please help keep park clean. Place litter and refuse in trash receptacles.

Park Watch 651-646-3535 Comments or suggestions 651-643-3473

Thank you, and enjoy your visit.



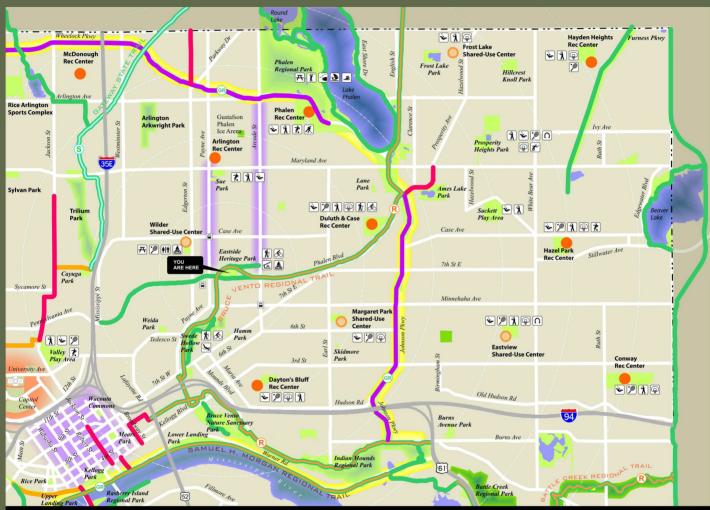
Bruce Vento Regional Trail











City of Saint Paul Parks, Bikeways and Trail System - North/EastsideDepartment of Parks and Recreation



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This Place In History



Phalen Creek now flows below ground through a storm sewer, but canoeists enjoyed it in the early 1900s.



The Whirlpool plant straddled busy Arcade Street with a skyway used for moving production materials and finished products back and forth from the rail lines and loading docks to the factory buildings, ca. 1980.



Phalen Village's Realife Cooperative, a building for seniors, part of a redeveloped neighborhood of new housing options, shopping, business and job growth, and recreational

If you stopped by this place in 1800, you would have been standing among trees and wildflowers next to a stream later named Phalen Creek.

During the "boom" era after World War II, you would have been in the midst of a busy center of industry, with grain silos towering above you and railroad tracks packed with trains moving raw materials and goods to and from the Eastside.

Decades later, in the 1980s, you would have found this area to be much quieter. Times had changed; many industries were gone leaving behind their building shells — but change was coming.

The rebirth of this place was fully underway by the late 1990s, when you would have seen the removal of blight, the construction of a new roadway, and the opening of businesses as part of the Phalen Corridor Initiative.

Today, you can again enjoy the outdoors here – and celebrate the rich, diverse history of Saint Paul's Eastside.





Williams Hill Business Center, developed by the Saint Paul Port Authority in the late



Created in 2009, Eastside Horitage Park's buildings are made of natural materials and arranged to recall the immigrant settlements of nearby Swede Hollow and the summer village known as Kaposia, where Dakota Indians once lived along the Mississippi River.



The tall grain elevators and malting facility of the Hamm's Brewery once stood on this site. All around were leading industries and employers including 3M. Whithood, and Northern Malleable from



Rediscovering A Historic Creek Valley



Dakota people lived near here in summer villages along

A former parking lot near Lake Phalen has been returned to its natural state, and is known again as Ames I ske



You are standing in the
Phalen Creek valley,
carved more than
30,000 years ago by the rush

of water from a melting glacier. Between 100 and 300 AD, Native Americans built burial mounds on the tall Mississippi River bluffs about one mile from here. By the mid-1750s, Dakota Indians lived at the village of Kaposia, just downstream.

As recently as 1850, Phalen Creek still flowed through this site on its journey from Lake Phalen to the Mississippi River. A marshy, tree-lined waterway, the Phalen Creek valley was home to abundant wildlife, including bear, fox, beaver, and an array of bird species.

As Saint Paul grew, the Dakota were forced away from their land along the Mississippi River. Phalen Creek was diverted into an underground storm sewer to make way for railroads and industry. Trees were cut down and wetlands were filled.

Eastside Heritage Park

Since the 1970s, community members have worked to bring back some of the natural features that once defined this place. Now, native plants and wildlife are returning.

Phalen Creek has been uncovered as it flows through Swede Hollow Park.

TARE .





The American Indian Magnet School and American Indian Family Center are among the Eastside organizations celebrating and serving today's Native community.



The Bruce Vento Nature Sanctuary includes

Bruce Vento
Nature Sanctuary



They Came From The Eastside





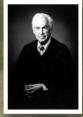
























Eastside Icons - 3M & Seeger



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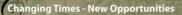
Seeger Refrigeration Company, ca.1930



Williams Hill was cleaned up, and in its place an industrial park was built creating hundreds of jobs. This, and similar transformations, signaled the rebirth of the Eastside.

3M, founded in 1902 on Lake Superior's North
Shore as Minnesota Mining and Manufacturing,
moved to the Eastside in 1910. The company
quickly made its name in sandpaper and abrasives,
ultimately building the world's largest
abrasives manufacturing plant. 3M
established a small lab here where
products that would one day become
ubiquitous were invented, including Scotch® Tape
and masking tape. During World War II, their
Eastside facilities produced Scotchlite® reflective
sheeting and nearly 100 types of tape used in many

Seeger Refrigeration Company began in the early 20th century as a manufacturer of wooden ice boxes, selling them to retailers like Marshall Field's and Sears Roebuck & Co. In the 1920s, when electric refrigerators became the norm, Seeger was prepared to fill the need. By 1937, the company had built more than 300,000 refrigerators and was employing more than 2,000 workers. During World War II, the plant was dedicated to the war effort, making bomb racks for B-29 bombers, parachute flares, and other defense products. After the war, Seeger merged with Whirlpool, ultimately taking the latter's name.



As times changed, many manufacturers closed their doors or relocated. In turn, old factory sites and polluted properties gave birth to new businesses providing different services and products to reflect the needs of a different time. With these new businesses came new jobs. Williams Hill exemplifies this rebirth. Since the 1990s, this formerly polluted site near Phalen Boulevard and Interstate 35E has given way to a collection of 21st-century manufacturers and assembly businesses, employing hundreds of people. The Eastside legacy, as a regional economic engine and creator of jobs, will continue long into the future.



3M employee at tape machine, ca.1960



3M sandpaper production, ca.1970



Villiams Hill is one of several business centers developed by the



Eastside Industry – the Economic Engine



Hamm's Brewery workers, ca.1880



1925 Seeger Icebox manufactured by Seeg



United States Gypsum Company workers, ca. 1935

The Eastside has long been an industrial hub. Generations of workers raised their families within walking distance of the manufacturing plants, and the Saint Paul economy was long bolstered by the economic engine of Eastside manufacturing.

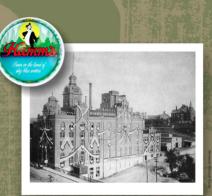
From where you are standing you would have seen U.S. manufacturing icons 3M and Whirlpool (formerly Seeger Refrigeration Company). Immediately to the south, the Theodore Hamm Brewing Company, another major employer, brewed beer before and after Prohibition and soda pop during the constitutionally imposed liquor ban (1919-33). The Hamm's Bear became a nationally known symbol that established Minnesota's reputation as the "Land of Sky Blue Waters."

Towering grain elevators and a malting facility employed in the beer-making process once stood on this very site.

Other large employers included Northern Malleable Iron, still in operation today; Saint Paul Harvester Works, later giving way to Griffin Wheel Company, which manufactured wheels for trains; and United States Gypsum Company, which later became Globe Manufacturing, a producer of roofing materials. Dozens of smaller manufacturers sprang up to support these larger companies while countless retailers and service businesses arose to serve the laborers and their families.



Griffin Wheel Company, ca. 1918



Hammia Resugant as 1000



Saint Paul Hanvaster Works on 1874



A machine operator at United States Gypsum Company, ca. 1955



Eastside Heritage



Freeways had a major impact on the Eastside and promoted suburbanization. This 1967 photo shows Surray Center on the left the new homes of Battle Creek on the right, and the new 3M complex seen in the distance.



The area of East Seventh and Arcade, shown here in 1932, was an important commercial center in the Dayton's Bluff neighborhood. The intersection of two streetcar lines and automobile traffic made this a busy location.

The Eastside, which makes up a third of Saint Paul, is comprised of many diverse neighborhoods. The earliest were developed as part of a walking city; the later ones came with the streetcars and automobiles. The oldest homes date to the 1850s and the newer sections are filled with bungalows and ranch-style houses. Apartments abound on main thoroughfares and near the two freeways.

From the outset, the Eastside has always been home to a mix of wealthy, middle-class, and low-income residents. Along the railroad tracks, there were numerous industries that attracted working people. As transportation became easier, many of those with more resources moved into the newer homes in neighborhoods near the city limits.

Waves of immigration have flowed into the community. The original Native Americans and early French settlers were joined by Yankees, Scandinavians, Germans, Irish, Italians, Poles, and others. Starting in the 1980s, many Hmong, Latinos, and African Americans became Eastside residents. Over the years, all of them made contributions to the community through their businesses, cultural institutions, and places of worship.



Railroads were important to the development of the Eastside, providing employment and affecting the city's landscape. There was once a small commuter depot in the Highwood Hills enightened.



Phalen Park, acquired and initially developed in the late 1890s, is a major Eastside attraction featuring a golf course, a large lake, and other amonthes. This is the bathing beach on a busy day in 1925.



Historic Payne Avenue, a major thoroughfare on the Eastside, once featured a wide variety of businesses and institutions. This photo shows a 1932 parade on the avenue.



In the early days of the Eastside, there were often specialty stores for food. The Georg Pabst Meat Market, shown at 790 Margaret Street in the 1890s, was one of



Food prepared in traditional ways was valued in the Italian-American community. Luciano Cocchiarella (lett) and Filomena D'Aloia of Hopkins Street display their homemade bread baked in an earthen oven in 1940.